

February 2024

School Readiness Calendar

Parents are the child's first teacher!
Help prepare your child for kindergarten.

Sunday Creative Arts	Monday Language Arts	Tuesday Science	Wednesday Letter	Thursday Math	Friday Social & Emotional	Saturday Physical Development
 				1	2	3
				1, 2, 3. Count daily with your child. Draw 5 hearts on a piece of paper. Encourage your child to point to each heart and count.	It is important to teach social skills to young children. This month is all about being kind! Say, "It is kind to help others."	Cut 5 to 8 hearts out of construction paper. Place hearts on the floor outside or in your home. Encourage children to hop to each heart.
4	5	6	7	8	9	10
Draw a heart on construction paper. Encourage your child to decorate the heart and then hang the heart on your refrigerator!	Checkout books about kindness at the library or Resource & Referral Center. "Baby Be Kind," "Be Kind," & "ABCs of Kindness" are great!	Make a new color. Mix white & red paint to make pink. Mix red & blue to make purple. Let your child explore new colors.	The letter of the month is "H." Place paper hearts in your child's room. Say, "H is for heart. Find the hearts hidden in your room."	Add one more. Encourage your child to count as high as they can. Add one more, saying the next number.	Sharing is being kind & a skill that can be challenging. Read books about sharing. Notice & let your child know that you see them sharing.	Bundle up! Visit a local park for movement and winter fun!
11	12	13	14	15	16	17
Valentine's Day is approaching. Encourage your child to make a valentine card for each family member.	Introduce vocabulary words you hear during the month of February: heart, valentine, kind, & sharing.	New science vocabulary. Say, "We see hearts for Valentine's. The heart is also a muscle inside our body. Thump, thump."	Write the letter "H" on a piece of paper. Encourage your child to glue craft sticks on paper to make the letter, "H."	Heart, circle, & square. Identifying shapes is an important math skill. Cut out these shapes for your child to explore.	Practice sharing by playing turn taking games. Say, "my turn- your turn." "We are sharing & taking turns."	Draw shapes on construction paper hearts. Encourage your child to hop to the shape that you call out.
18	19	20	21	22	23	24
Store bought or homemade playdough supports fine motor. Help your child make shapes with playdough.	Make sock puppets and use the puppets to model friendship skills. Have the puppets talk about being friends.	Does it sink or float? At bath time, allow your child to choose 5 toys. Ask, "Will it sink or float?"	H is for hot cocoa. Enjoy a fun snack with your child, emphasizing the /h/ sound.	Count the shapes. Hide hearts, circles, & squares in your home. Encourage your child to find & count the shapes.	Find opportunities to practice sharing. "We only have one cookie, for you and me. What should we do?"	Use chalk to draw a hopscotch court. Toss a small object on the court. Encourage your child to hop through the spaces.
25	26	27	28	29		
Invite friends to create Friendship Art. Place white paper on the ground & encourage children to draw/paint together.	Read books about sharing. Talk about how the characters might feel as the story unfolds.	Science Experiment: place ice cubes on a tray, sprinkle with salt, once the salt begins to melt the ice, paint the ice with watercolors.	Add an action! Putting movement with letters helps your child recall the letter name & sound. Hip-hop, dance & hop to music.	Leap Day! This extra day in February only occurs once every four years. Count to four and take a big leap!		