



March 2024

School Readiness Calendar

Parents are the child's first teacher!
 Help prepare your child for kindergarten.

Sunday Creative Arts	Monday Language Arts	Tuesday Science	Wednesday Letter	Thursday Math	Friday Social & Emotional	Saturday Physical Development
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					Routines help children feel confident. Start a morning routine, doing the similar things at the same time, in the same way, each day.	March brings us Easter, St. Patrick's Day, & the first day of spring! Encourage your child to be a bunny & hop, hop, hop!
3	4	5	6	7	8	9
Sidewalk chalk is a fun medium to create with. If it is a sunny day, take your chalk outside to draw. If it is rainy, draw indoors!	New books are exciting for your child. Checkout spring books at your local library or Resource & Referral Center.	Introduce science vocabulary. Say, "Spring is coming! Soon the birds will be hatching, this means baby birds will be born."	Spread a thin layer of paint on a tray or piece of paper. Show your child how to write the letter "E" with a finger for literacy and sensory play.	Count daily with your child. Today, count the number of eggs that are in an egg carton. If you don't have eggs, choose another item.	Read books about routines. Talk about the routines you have at home, "After bath time, we brush our teeth, and then read a book."	Have a family fun day! Balance a plastic egg on a spoon and race back-and-forth without dropping the egg.
10	11	12	13	14	15	16
Spring is approaching! Using crayons or paint, encourage your child to create a spring picture of flowers.	Talk, talk, talk with your child. Introduce spring vocabulary: lamb, chick, bud, blossom, cloud, rainbow, puddle, etc.	Nature is full of science experiences. Search for rocks & stones while outside, talk about the rock's texture & color.	Make a game for recognizing the letter "E." Hide plastic eggs labeled with "E." Encourage your child to find the "E"gg!	Sorting is an important early numeracy skill. Sort plastic eggs based on colors or patterns.	Bedtime routines are important for development. Acknowledge signs of sleepiness, read a calming story before bed.	Stretch tall like the trees. Squat low like a frog. Include stretching exercises to promote good health & flexibility!
17	18	19	20	21	22	23
Happy St. Patrick's Day! Today paint or color, cut & glue items that celebrate the color, green!	Singing songs is a great way to increase vocabulary. Introduce your child to songs from your own childhood.	Watch the clouds float by. Observe the clouds, ask "What shape do you see? Is the cloud moving fast or slow?"	E is for eggs! Cook a fun breakfast with your child, emphasizing the /e/ sound as you make the eggs.	Practice sorting shapes today. Sort everyday objects of circles & squares found in your home.	Talk about routines with your child. "After breakfast, we will go to preschool. You will have fun playing with your friends."	Spring has sprung! Celebrate springtime by visiting your local park.
24	25	26	27	28	29	30
Decorate paper eggs with pieces of construction paper. This fun art activity also promotes fine motor development.	Encourage your child to choose a favorite book. While reading, encourage your child to point to named pictures in the story.	Science Experiment: dye eggs with your child. Using food color, warm water, & vinegar. Talk about the changes you see in eggs.	Learning letters is fun! Go on a scavenger hunt to find the letter "E." Search your home for items that start with the letter "E."	Make a fun game of hiding & finding eggs. Hide the eggs, count the eggs, then play again!	Encourage independence. Following a repetitive morning routine will allow your child to practice skills, helping your child feel confident & successful!	Encourage your child to move like spring animals. Waddle like a duckling. Hop like a bunny. Leap like a sheet. Run like a foal.
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Create musical eggs! Place rice in plastic eggs, secure with tape, shake & make music all day!						

